



# Olney Studio of Dance – 2008 Summer Schedule

## Olney Studio of Dance

Hillcrest Shopping Center  
18200 Georgia Avenue  
Olney, MD 20832

**(301) 774-3535**

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www.CMdance.com

### Fairytale Week Ages 5-8 \$150

June 23-27 1:00-4:00pm

Our Fairy Godmother will give your prince or princess the opportunity to make their wishes come true. A different story everyday with crafts, tumbling, and creative expression through dance.

### Dance Intensive Week Ages 11-18 \$250

July 14-18 \*10:00-4:00pm

Each day brings a different teacher and specialty for the experienced dancer. Use this opportunity to build skills and improve dance foundation while developing advanced technique. \*(Wed 12-4)

### Musical Theatre Week Ages 6-11 \$200

July 21-25 12:00-4:00pm

Learn from our talented instructor how to combine your dancing, singing, and acting talents in this class. See how the students bring this altogether on Friday in a final performance.

	Time	Group	Class	Teacher
<b>MON</b>	4:00-5:00	Junior	Jazz	Miss Sarah
	5:00-6:00	Youth/Jr.	Jumps, Leaps, & Turns	Miss Sarah
	6:00-6:30	Youth	Tap	Miss Carrie
	6:30-7:15	Jr./Teen	Tap	Miss Carrie
	7:15-8:00	Adult	Tap	Miss Carrie
	8:00-8:45	Adult	Jazz	Miss Carrie
<b>TUE</b>	4:00-5:00	Jr./Teen	Beginner Dance	Miss Brittany
	5:00-6:00	Jr./Teen	Ballet	Miss Brittany
	6:00-6:45	Youth/Jr.	Jumps, Leaps, & Turns	Miss Brittany
	6:45-7:45	Youth/Jr.	Jazz & Hip Hop	Miss Natalie
	7:45-8:45	Teen/Adult	Hip Hop	Miss Natalie
	8:45-9:30	Jr./Teen	Jumps, Leas, & Turns	Miss Natalie
<b>WED</b>	9:00-9:45	Preschool	First Steps	Miss Sarah
	9:45-10:45	Youth	Ballet & Tap	Miss Sarah
	11:00-12:00	Youth	Jazz & Hip Hop	Miss Sarah
	5:00-6:00	Youth/Jr.	Ballet	Miss Sarah
	6:00-7:00	Jr./Teen/Adult	Modern	Miss Sarah
	7:00-7:45	Jr./Teen/Adult	Conditioning for Dancers	Miss Sarah
	7:45-9:00	Teen/Adult	Ballet	Miss Sarah
<b>THUR</b>	4:00-4:45	Preschool	First Steps	Miss Lisa
	4:45-6:15	Youth	Ballet, Tap, & Jazz	Miss Lisa
	6:30-7:30	Jr./Teen	Lyrical & Contemporary	Miss Vanessa
	7:30-9:00	Jr./Teen	Jazz	Miss Vanessa
<b>SAT</b>	9:00-9:45	Preschool	First Steps	Miss Sarah
	9:45-10:45	Youth	Ballet & Tap	Miss Sarah
	11:00-12:00	Youth	Jazz & Hip Hop	Miss Sarah
			Schedule subject to change	Revised 05/05/08

### GROUPS

Preschool--2-4 yrs ■ Youth--5-8 yrs ■ Junior--9-12 yrs ■ Teen--13+ yrs ■ Adult--19+ yrs

### OLNEY SUMMER CALENDER

Last day of class	June 11
Dress rehearsal	June 12 & 13
End-of-Year performance	June 14 & 15
1 <sup>st</sup> Performing Arts audition	June 18
Summer classes begin	June 23
Fairytale week	June 23-27
Studio closed	July 4
Dance Intensive week	July 14-18
2 <sup>nd</sup> Performing Arts audition	July 18
Musical Theatre week	July 21-25
Residential Premier Dance Camp	July 27-August 2
Summer classes end	August 16
Open House	August 21
Next year's classes begin	September 2

### Beginner Dance

For students who are 8-18 taking their first dance class or current students who want to try a new dance style

### Combo Class

For any of our combination classes take one or all of the dances

Going away?

Can't come for all **8 weeks**? Use our reduced **6 weeks** rate.

### To register for class:

Fill out Registration Form and make checks payable to Concepts in Motivation, Inc.

### RATES

Hour	8 weeks	6 weeks
0.5	\$80	\$60
0.75	\$120	\$90
1	\$160	\$120
1.25	\$200	\$150
1.5	\$240	\$180
1.75	\$280	\$210
2	\$320	\$240
2.25	\$360	\$270
2.5	\$400	\$300
2.75	\$440	\$330
3	\$480	\$360
3.25	\$520	\$390
3.5	\$560	\$420
3.75	\$600	\$450
4	\$640	\$480

Tuition due by start of class



## Concepts in Motivation, Inc. (CM)

is in its 4<sup>th</sup> decade of providing our local communities dance at its finest to people of all ages and levels. In 1977, the Olney Studio of Dance premiered in the fast growing community of Olney. We are proud to have second and yes, even third generations dancing with us. We want to thank our student's and their families for their continued support as our faculty continues to enlighten students to the many benefits of dance, both physically and aesthetically. CM is pleased to have had many dancers from our studios pursue dance majors at colleges and long professional careers.

Registration has begun for our 2008 Summer classes. We are offering an 8 week session, but if you are going on vacation or can't attend the entire time, you may opt to pay for 6 weeks instead. We are also offering themed specialty classes that run every day for one week. To register, complete a registration form and include your **non-refundable tuition**. Checks should be made payable to: Concepts in Motivation, Inc. Registration can be dropped off or mailed to the studio. Enrollment is on a first-come, first-serve basis.

- ❖ Tuition Payments are due **by the start of class**.
- ❖ There is **no deduction** in tuition for missed classes. Classes may be made up in another class at or near to the same level.
- ❖ **No refunds**.

### Classroom Attire

**First Steps** – may wear comfortable clothes and clean sneakers or dance attire.

**Ballet** – girls: black leotard, pink tights, pink ballet slippers, hair in bun; boys: white t-shirt, black jazz pants.

**All other classes – girls:** any color leotard, jazz shorts or jazz pants. Dance tights a must (no pantyhose) and footwear appropriate to the style of dance. Hair must be secured away from the face; boys: t-shirt, black jazz pants.

Some teachers may have additional requirements.

### Summer Dance Camp

The annual residential **CM Premier Summer Dance Camp** will be held July 27-August 2 at Frostburg State University. This week long summer camp of learning and fun is for ages 8 and above. All levels of dancers are welcome to join us for this great experience. Check at the studio or online for more information and registration forms.

Concepts in Motivation, Inc. does not discriminate on the basis of race, religion or sex.

## CLASS DESCRIPTIONS

### Dance Levels

Preschool dancers begin with the basics at the ages of 2 with our First Steps program. At 5 years old and continuing until 8, our Youth program offers dancers the beginning steps and technique of the individual dance forms. Our Junior Program is for 9-12 year olds. This program is designed for the student who has greater control of their movement and is ready to learn more advanced technique at a faster pace. Our Teen Program is for those students 13 and older. Here, each discipline is separated so that the students can have the full benefit of a teacher who specializes in that dance. The routines become more complex and the study more serious. We invite any adult student to dance with our teens or chose one of our adult classes instead.

Once a good foundation of dance technique is mastered, students may advance to the next level classes within each discipline. We have geared our Youth, Junior, and Teen curriculum for each student to remain at the same level for at least two years. Auditions are not necessary to enroll in a class, but our teachers reserve the right to have students meet class requirements in order to remain in class. New students should request an evaluation for placement. Returning students should follow their previous teacher's recommendations.

### Age Groups

<b>Preschool 2-4</b>	<b>Junior 9-12</b>
First Steps Level I	Level III
First Steps Level II	Level IV
<b>Youth 5-8</b>	<b>Teen 13+</b>
Level I	Level V
Level II	Level VI
	<b>Adult 19+</b>

### First Steps

First Steps classes are for two-four year olds. This is a program that has been developed by the owners of Concepts In Motivation, Inc. to help younger children begin to enjoy the benefits of a fitness program at an early age. This program has been used in Canada, South America, Europe, and Asia. There is an adapted version for daycare, school, and fitness centers. First Steps promotes education, motor skills, coordination, balance, social interaction, and the introduction to dance movement. We are very proud to offer these classes at all our studios and encourage the participation of both girls and boys.

### Ballet

Classical ballet is taught to all ages beginning at four and at a variety of levels. We strongly encourage our students to partake in this class as it is used in almost all facets of dance. Students who do well in ballet usually can transfer that ability into their other dances.

### Modern

Modern classes are offered to those dancers wishing to enhance their dance experience. Dancers are given the opportunity to express themselves openly and outwardly while feeling the movements of their dance music. The beginner level starts at the age of nine.

### Lyrical

Lyrical classes are offered to dancers ages nine and above with a desire to build on their classical ballet training. Classes are conducted in such a way that a story is conveyed to the audience through physical dance movements. The student has the ability to express themselves openly and without reservation. Our lyrical classes combine dance movements such as ballet, jazz and modern dance. These learned techniques, when applied, show an intense outpouring of emotion.

### Pre-Pointe/Pointe

Pre-Pointe prepares the foot and body for the demands of pointe work. It is a bridge from ballet slippers to pointe shoes.

Pointe is a ballet technique done in pointe shoes. The dancer wears specifically designed shoes for support while on fully extended feet - on the toes. Students must have a minimum of three years of study and have a teacher's recommendation. Student's current study program must have two ballet technique classes per week in addition to Pointe class.

### Tap

We offer tap classes to all ages and all levels of ability beginning at four. Our tap classes are fast paced and challenging, encouraging our students to strive towards using maximum effort to harness the techniques being taught. Our younger classes are geared toward the combination of ballet and tap instruction together, thus ensuring a wide range of experience.

### Jazz

Our jazz classes are taught to students five years and older. We challenge our students with many forms of jazz, all high energy but with different styles. These classes are very popular with all ages and give dancers the ability to discover the joy of dance through the rhythmic movements. Jazz provides an added benefit of cardiovascular exercise due to the high level of energy exerted.

### Hip Hop

In this very popular and fun class, students develop their own unique interpretation of movement using very trendy music. Hip hop encompasses elements of poppin', locking, breaking, and freestyle moves..

### Jumps, Leaps, and Turns

Students who want to spend some extra time on making their jumps, leaps, and turns look effortless should enroll in this class. Building on their regular

classes, the focus is on the technique and style of each move. This class helps to develop balance, strength, elevation, and body alignment.

### Conditioning for Dancers

A student whose body is well prepared can achieve their dance goals easier. This class is designed to teach students how to warm-up and prepare for class through classic and innovative techniques. A conditioned dancer is less likely to suffer injuries and the lessons learned here can be carried over into other physical activities.

### Yoga

Yoga restores you, reduces stress, and instills a sense of peacefulness and well being. Our classes help you, improve breathing, flexibility, focus, strength, and stamina. This is an excellent class for beginners. Students should wear comfortable clothes. A yoga mat is recommended.

### Youth Performance Teams

Through competitions, performances, appearances, and volunteer activities the Youth Performance Groups serve as ambassadors for the studio. There are two opportunities for dancers to be part of these groups and move to the next stage in their dance instruction.

### Performing Arts Team

The Team is perfect for our recreational dancer who wishes to perform more often throughout the year at local charity and community events. Often the studio is approached by many organizations for appearances by the Performance Team dancers. This Team represents the studio as dance emissaries at those venues. Students will experience the self-discipline necessary to progress as a young dancer, the joy of working on personal, group, and community goals, and the reward of performing for both peers and the general public.

### Performing Arts Company

Within the Company students will study the art form as a physical expression of the human experience, learning how to communicate clearly and accurately through various genres of dance. These dancers pursue a more intensive curriculum and will experience performance opportunities including competitions, concerts, and community events. The Company stresses the importance of developing the technical skills of the dancer as well as their performance technique. They will focus on working together as a group, learning challenging routines, and bringing their high level of skill and poise to the stage.