

2010 CM Premier Dance Camp

Movin' & Groovin' to VCU

Sunday, July 18th through Saturday, July 24th 2010

Includes Kings Dominion Day!

Virginia Commonwealth University

FOR FEMALE DANCERS AGES 7 to 18

CM Premier Dance Camp is going places. This year we are heading to the city of Richmond in the beautiful state of Virginia. Our host facility is Virginia Commonwealth University "VCU" located in the heart of the historic state capital.

The university has many modern amenities for our campers comfort and learning experience. As with our summer camps before, this is a week long camp held **July 18th through July 24th** with learning and fun for ages 7-18. All levels of female dancers are welcome to join us for this great experience. Registration forms are now available at each of the Concepts in Motivation dance studios or on-line at www.cmdance.com.



Dance Camp Staff

Brittany Rose will again serve as this year's Camp Director and has been a part of CM Premiere Dance Camp since its inception. Miss Brittany has been dancing since 1995 and has studied ballet, tap, jazz and modern. Her dance training includes performing at the Kennedy Center's Opera House with the American Ballet Theatre. Her other training has included performing with the Universal Ballet of Korea, studying at the Miami City Ballet, and advanced class study at the Maryland Youth Ballet. Currently, she attends Winthrop University and is pursuing a dance education degree.

Many talented teachers have graced CM Premier Dance Camp. This year the tradition continues of bringing exciting and varied instructors to challenge the campers. The teachers have degrees in dance and have worked professionally as choreographers for some of the top dance companies in the country and abroad. Most of the staff have studied with the top talent today and bring that expertise to the campers. The campers should expect to work hard, learn a lot, and complete their week as improved dancers who can take that knowledge and apply it to their classes and dance throughout the year.

Dance Facilities

VCU has seven dance studios with sprung floors with either Marley or wood surfaces, floor to ceiling windows, student and faculty bathrooms and locker rooms.

Dance Instruction

A variety of training is offered each year to the campers. Some of the instruction is:

- Daily Technique Classes in several of the following – ballet, tap, jazz, modern, lyrical, or musical theater

- Specialty Classes – choreography, auditioning, turns & leaps, improvisation, stretch & conditioning
- Movie/Video Session – Campers watch a series of dance related videos to enhance their experience
- Basic dance terminology and technique
- Special counselor dance instruction and choreography
- Rehearsals for group number, counselor dances, and class ensembles all presented in the closing performance
- End of camp performance for family and guests



Miss Brittany says “camp is an opportunity for overall growth for young girls. Not only do they grow as dancers and become better rounded technically, they also grow physically and mature more through this experience. They are able to share times with friends and create memories that will last a lifetime.”

Accommodations

A short 1-1/2 hour drive from DC right off of Interstate 95 will bring you to the historic city of Richmond. This year’s dorms are modern air-conditioned rooms, furnished with two twin-sized beds, closet unit, desks, chairs, and micro fridges. Each bath connects two bedrooms (total of two baths per suite), each with two sinks, one bathroom and one shower. There are common rooms where campers can meet and socialize.

Dining Facilities

VCU’s contemporary dining services makes sure quality, well-balanced meals are presented. There are several entrees offered during lunch and dinner with hot side dishes, a salad-fruit-soup bar, as well as dessert. A wide selection of foods at breakfast in the morning ensures energy for the campers.

Closing Performance

Family and friends are invited to the closing performance at the end of camp after the camper’s belongings have been picked up. Dancers will showcase their talents and all that they have learned in this farewell show.

Supervision/Security

There will be continuous CM adult supervision the entire week. Highly responsive security guards are on duty 24 hours per day. Interval room checks will be made by the counselors, as campers must be in their rooms by 10:00 pm.

Organized Activities

Other organized activities are planned throughout the campers’ week at VCU. While at **King’s Dominion** the campers can enjoy the fabulous rides or see the shows. The dancers will also have other events scheduled for them in the evenings too. These activities may include a night of interactive game contests, a movie night where appropriately selected movies will be played, talent show night with the campers performing for the rest of their camping friends, and a pizza party.

*A Day at
Kings Dominion
Included
in Price!*



King’s Dominion’s Rebel Yell

With a Rebel Yell, you’ll cry
MORE, MORE, MORE!

On this roller coaster, two trains travel on twin tracks.

Registration Information

Early Bird Camp fee \$575.00 until April 1st.

Registration after April 1st camp fee is \$600.00.

Includes: air-conditioned accommodations, all meals on campus, instruction of dance and all specialty classes, entrance to King’s Dominion, CM Premier mementos, and much more ...

Registration forms are now available at each of the Concepts in Motivation Dance Studios. A mail-in down payment of \$175 will be due at the time of application. Once we receive your registration, we will mail to you a more detailed outline of events, schedules, and what to bring. If you have any questions or need additional information, please contact us at 301-253-3311 or e-mail us at Damascus@cmdance.com

CM PREMIER DANCE CAMP 2010

Damascus Studio of Dance

Attn: Manager

26133 Ridge Road

Damascus, MD 20872

Phone: 301-253-3311

E-Mail: Damascus@cmdance.com

Get your registration forms at

www.cmdance.com

- **Early Bird** Camp fee **\$575.00** until **April 1st**.
- Registration **after April 1st** camp fee is **\$600.00**.
- **Returning Campers** who bring someone new - **\$25.00 off** through April 1st.
- \$175 is due with registration form
- The following must accompany **final payment** by **May 31st**
- Immunization Record
- Medical Release

No refunds for cancellations after May 31st



CM Premier 2010 Dance Camp

26133 Ridge Road, Damascus, MD 20872 ♦ 301-253-3311 ♦ damascus@cmdance.com

Celebrating over 30 years in the community

Registration Form

PLEASE print legibly

Camper's Last Name: _____ First Name: _____

Home Phone: _____ Cell Phone: _____ Birth date: _____

Primary Email: _____ Age as of 07/17/10: _____

Home Address: _____

City/State/Zip: _____

School: _____ Grade (just completed): _____

Parent/Legal Guardian: _____

Address: _____

Phone Numbers: _____

Health Insurance: _____ Policy #'s: _____

In case of an emergency, we will always attempt to notify the legal guardian first, but we would also like to have another person to contact other than the parent or legal guardian in case they can not be reached.

Emergency Contact: _____ Relationship: _____

Address: _____

Phone Numbers: _____

Camper's Current Dance Studio(s): _____

Any additional information you would like us to know about the camper: _____

Years of Instruction: Ballet _____ Tap _____ Jazz _____ Hip Hop _____

Other (explain): _____

Roommate Preference: 1st choice: _____ 2nd Choice: _____

T-Shirt Size: (circle camper's appropriate size)

Child M (10-12) – Child L (14-16) – Adult Small – Adult Medium – Adult Large – Adult X-large

For Office Use Only

Room Assignment: _____ Counselor Group: _____

Roommate: _____ Dance Group: _____

Notes: _____
