

# 2009

## CM Premier Dance Camp

Movin' & Groovin' to VCU

Sunday, July 19<sup>th</sup> through Saturday, July 25<sup>th</sup> 2009

*Includes Kings Dominion Day!*

*Virginia Commonwealth University*

*FOR FEMALE DANCERS AGES 7 to 18*

**CM Premier Dance Camp is going places. This year we are heading to the city of Richmond in the beautiful state of Virginia. Our host facility is Virginia Commonwealth University "VCU" located in the heart of the historic state capital.**

The university has many modern amenities for our campers comfort and learning experience. As with our summer camps before, this is a week long camp held **July 19<sup>th</sup> through July 25<sup>th</sup>** with learning and fun for ages 7-18. All levels of female dancers are welcome to join us for this great experience. Registration forms are now available at each of the Concepts in Motivation dance studios or on-line at [www.cmdance.com](http://www.cmdance.com).



### Dance Camp Staff

Brittany Rose will again serve as this year's Camp Director and has been a part of CM Premiere Dance Camp since its inception. Her dance training includes performing at the Kennedy Center's Opera House, with the American Ballet Theatre. Her other training has included performing with the Universal Ballet of Korea, studying at the Miami City Ballet under the direction of Edward Villela and his wife, Linda, and advanced class study at the Maryland Youth Ballet. Currently, she attends Winthrop University and is pursuing a dance education degree.

Many talented teachers have graced CM Premier Dance Camp. This year the tradition continues of bringing exciting and varied instructors to challenge the campers. The teachers have degrees in dance and have worked professionally as choreographers for some of the top dance companies in the country and abroad. Most of the staff have studied with the top talent today and bring that expertise to the campers. The campers should expect to work hard, learn a lot, and complete their week as improved dancers who can take that knowledge and apply it to their classes and dance throughout the year.

### Dance Facilities

VCU has seven dance studios with sprung floors with either Marley or wood surfaces, floor to ceiling windows, student and faculty bathrooms and locker rooms.

### Dance Instruction

A variety of training is offered each year to the campers. Some of the instruction is:

- Daily Technique Classes in several of the following – ballet, tap, jazz, modern, lyrical, or musical theater
- Specialty Classes – choreography, auditioning, turns & leaps, improvisation, stretch & conditioning
- Movie/Video Session – Campers watch a series of dance related videos to enhance their experience
- Basic dance terminology and technique
- Special counselor dance instruction and choreography
- Rehearsals for group number, counselor dances, and class ensembles all presented in the closing performance
- End of camp performance for family and guests



### Closing Performance

The closing performance is at the end of camp after the camper's belongings have been picked up. Dancers will showcase their talents and all that they have learned in this farewell show.

### Accommodations

A short 1-1/2 hour drive from DC right off of Interstate 95 will bring you to the historic city of Richmond. The dorms are modern air-conditioned rooms, furnished with two twin-sized beds, clothing drawers, and closets. There are common rooms where campers can meet and socialize.

*Miss Brittany says "camp is an opportunity for overall growth for young girls. Not only do they grow as dancers and become better rounded technically, they also grow physically and mature more through this experience. They are able to share times with friends and create memories that will last a lifetime."*

### Dining Facilities

VCU's contemporary dining services makes sure quality, well-balanced meals are presented. There are several entrees offered during lunch and dinner with hot side dishes, a salad-fruit-soup bar, as well as dessert. A wide selection of foods at breakfast in the morning ensures energy for the campers.

### Supervision/Security

There will be continuous CM adult supervision the entire week. Highly responsive security guards are on duty 24 hours per day. Interval room checks will be made by the counselors, as campers must be in their rooms by 10:00 pm.

### *A Day at Kings Dominion Included in Price!*

Other organized activities are planned throughout the campers' week at VCU. While at **King's Dominion** the campers can enjoy the fabulous rides or see the shows. The dancers will also have other events scheduled for them in the evenings too. These activities may include a night of interactive game contests, a movie night where appropriately selected movies will be played, talent show night with the campers performing for the rest of their camping friends, and a pizza party.



### **King's Dominion's Rebel Yell**

With a Rebel Yell, you'll cry  
**MORE, MORE, MORE!**

On this roller coaster, two trains travel on twin tracks.

### Registration Information

**Early Bird Camp fee \$575.00 until April 1<sup>st</sup>.**

**Registration after April 1<sup>st</sup> camp fee is \$600.00.**

Includes: air-conditioned accommodations, all meals on campus, instruction of dance and all specialty classes, entrance to King's Dominion, CM Premier mementos, and much more ...

Registration forms are now available at each of the Concepts in Motivation Dance Studios. A mail-in down payment of \$175 will be due at the time of application. Once we receive your registration, we will mail to you a more detailed outline of events, schedules, and what to bring. If you have any questions or need additional information, please contact us at 301-253-3311 or e-mail us at [Damascus@cmdance.com](mailto:Damascus@cmdance.com)

**CM PREMIER DANCE CAMP 2009**

**DAMASCUS STUDIO OF DANCE**

**Attn: Manager**

**26133 Ridge Road**

**Damascus, MD 20872**

**Phone: 301-253-3311**

**E-Mail: [Damascus@cmdance.com](mailto:Damascus@cmdance.com)**

**Get your registration forms at**

**[www.cmdance.com](http://www.cmdance.com)**

- **Early Bird Camp fee \$575.00 until April 1<sup>st</sup>.**
- **Registration after April 1<sup>st</sup> camp fee is \$600.00.**
- **Returning Campers who bring someone new - \$25.00 off through April 1<sup>st</sup>.**
- **\$175 is due with registration form**  
The following must accompany final payment by May 31<sup>st</sup>
- Immunization Record
- Medical Release

**No refunds for cancellations after May 31<sup>st</sup>**



*Celebrating over 30 years in the community*

# CM Premier 2009 Dance Camp

26133 Ridge Road, Damascus, MD 20872 ♦ 301-253-3311 ♦ damascus@cmdance.com

## Registration Form

**PLEASE print legibly**

Camper's Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Birth date: \_\_\_\_\_

Primary Email: \_\_\_\_\_ Age as of 07/19/09: \_\_\_\_\_

Home Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

School: \_\_\_\_\_ Grade (just completed): \_\_\_\_\_

Parent/Legal Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Numbers: \_\_\_\_\_

Health Insurance: \_\_\_\_\_ Policy #'s: \_\_\_\_\_

**In case of an emergency, we will always attempt to notify the legal guardian first, but we would also like to have another person to contact other than the parent or legal guardian in case they can not be reached.**

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Numbers: \_\_\_\_\_

Camper's Current Dance Studio(s): \_\_\_\_\_

Any additional information you would like us to know about the camper: \_\_\_\_\_

Years of Instruction: Ballet \_\_\_\_\_ Tap \_\_\_\_\_ Jazz \_\_\_\_\_ Hip Hop \_\_\_\_\_

Other (explain): \_\_\_\_\_

Roommate Preference: 1<sup>st</sup> choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

T-Shirt Size: (circle camper's appropriate size)

Child M (10-12) – Child L (14-16) – Adult Small – Adult Medium – Adult Large – Adult X-large

For Office Use Only

Room Assignment: \_\_\_\_\_ Counselor Group: \_\_\_\_\_

Roommate: \_\_\_\_\_ Dance Group: \_\_\_\_\_

Notes: \_\_\_\_\_